# Bolling INSTITUTETM



## JEN GROSSO

#### **CREDENTIALS**

- Juris Doctorate
- B.S., Business Administration & Finance
- CTA Certified Business & Executive Coach
- Certified in Marketing, Branding & Mindful Storytelling
- Certified Meditation Instructor
- Certified Reiki II Practitioner
- Personal Training & Wellness Expert
- Member, Expert Speakers
- Member, Association of Thought Leaders, NYC Chapter

#### CONTACT

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### **ABOUT**

Jen Grosso is the Founder of The BoldFire Institute and Climb Coaching LLC. She is an international business and performance coach & consultant, former attorney, serial entrepreneur and sought-after speaker with more than 20 years' experience working with ultra high performers to maximize their success and wellbeing.

Using her proprietary process, the Chaos to Confidence™ Model, Jen's programs and services combine mind, body and business strategies and neuroscience tools to boost business performance in a healthy, sustainable way without burning out in the process.

#### INDUSTRIES SERVED

- Authors, Publishing & Media
- Consultants, Coaches & Experts
- Commercial & Residential Construction
- Commercial Real Estate
- Counseling/Therapists
- C-Suite Executives
- Entertainment, Theater & The Arts
- Fortune 500 Companies
- Founders/Entrepreneurs
- Functional Medicine
- Health, Wellness & Fitness
- Human Resources & Labor Relations
- Legal, Financial & Professional Services
- Non-profits
- Performance Supplements & Products
- Pet Products & Services
- Recreational Products & Services
- Speaking & Educational Services